



Dominican Convent High School Harare NEWSLETTER

March 2024
ISSUE 1

Cambridge Assessment
International Education
Cambridge International School



Important Dates

Upcoming Events
Sports Holiday Training

School Opening Date

The School Re-opens For Students
On **Tuesday 7th May 2024.**

Holiday Office Hours

(Accounts Office)

29th March - 7th April

Closed

8th April - 12th April

Open 0900-1200

15th April - 19th April

Open 0900-1200

22nd April - 26th April

Open 0900-1200

29th April - 30th April

Open 0900-1200

2nd May - 7th May

Open 0900-1200

*Closed Weekends

Library Hours

22nd to 26th of April and
29th to 2nd of May
8am to 1pm



scan link to website

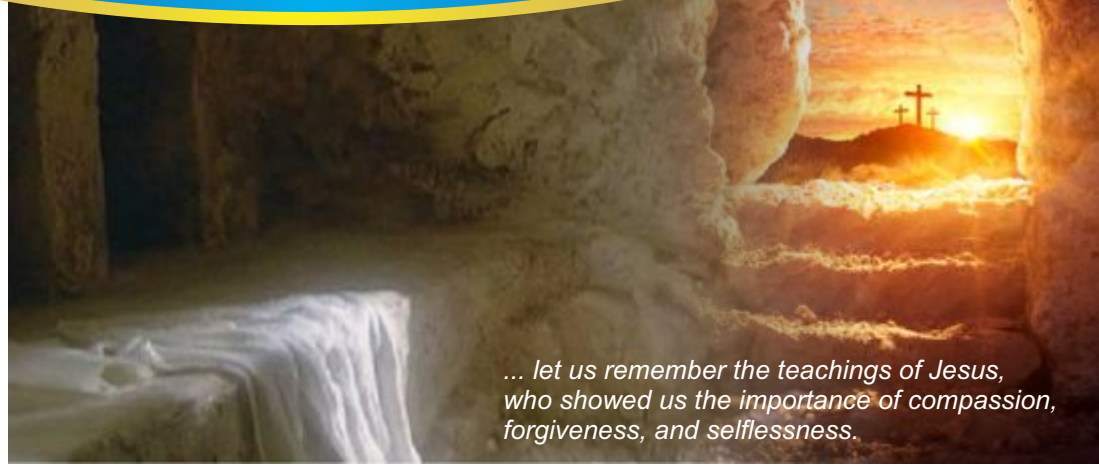


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convent.harare Dominican Convent



... let us remember the teachings of Jesus,
who showed us the importance of compassion,
forgiveness, and selflessness.

Easter message from Head Teacher's Desk

As a Christian school community, we have the privilege and responsibility to foster an environment where the values of Easter are not only acknowledged but also lived out every day. We strive to create a place where love is demonstrated through acts of kindness, where faith is nurtured, and where students are encouraged to grow spiritually and academically.

As we approach the joyous celebration of Easter, I want to take a moment to reflect on the significance of this sacred season and extend my heartfelt wishes to each and every one of you. It is a time when we commemorate the ultimate sacrifice made by Jesus Christ, our Lord and Savior, and rejoice in His glorious resurrection.

During this Easter season, let us remember the teachings of Jesus, who showed us the importance of compassion, forgiveness, and selflessness. His life serves as a constant reminder that through His death and resurrection, we have been granted the opportunity to experience redemption and find meaning in our own journey.

May this Easter be a time of reflection and renewal for our entire school community. Let us come together in prayer, offering gratitude for the blessings we have received and seeking guidance for the journey ahead. May we find solace in the knowledge that we are part of a loving and supportive community that shares a common faith and purpose.

I encourage each of you to take some time during this Easter break to connect with your families, to deepen your relationship with God, and to reflect on the profound meaning of Christ's resurrection. Let us strive to be the living examples of Christ's love, serving others with humility and compassion.

On behalf of the entire school staff, I want to express my deepest appreciation for your unwavering support and commitment to our school's mission. It is through our collective efforts that we create an enriching and nurturing environment for our students to grow spiritually and academically.

May the blessings of Easter fill your hearts with joy, hope, and peace. May the love of Christ guide you in all that you do, and may this Easter season be a reminder of the eternal grace that awaits us.

Wishing you a blessed and joyous Easter!
In Christ's love,

Sr Kudzai



"A chatbot is a software application used to conduct an on-line chat conversation via text or text-to-speech, in lieu of providing direct contact with a live human agent."

FROM THE DEPUTY HEAD'S DESK

Greetings, folks! We hope we find you well as we come to the end of Term 1 2024. So far has the Lord taken us.

We look back at the first term and marvel at God's enabling grace that saw us through the term.

We are grateful for the success stories that the Dominican Convent Ladies authored across our curriculum: academic, sports, culture, and service. These are on our website, digital platforms and have been communicated through our newsletters. We are indebted to our stakeholders and everyone who made these stories possible. We value your commitment to our teaching and learning programme. It is your support that keeps our four pillars of Dominican education: prayer, study, community, and service standing.

The April holidays presents a fine opportunity for us to reflect on what went well in Term 1 and what can be done better going forward. We hope all parents and guardians will take the chance to help our ladies with this reflection and help them make the most their April holidays and get ready for Term 2, which has more activities and crucial mock examinations, particularly for our Checkpoint, IGCSE and AS/ A Level candidates.

We wish you all spiritually nourishing Easter celebrations and hope that you make rich memories with the ladies over the April break.

May the good Lord protect you all.

Regards

C. Mashiri

Academic issues

Cultivating a Strong Study Culture for Our Students' Success

A solid study culture plays a pivotal role in shaping children's academic achievements, personal growth, and future success. It goes beyond completing assignments and preparing for exams; it instills discipline, resilience, and a lifelong love for learning. By actively encouraging and nurturing a study culture at home, you can significantly enhance your child's academic performance and overall development.

Developing a study culture is crucial for:

1. Academic excellence.
2. Self-discipline and responsibility.
3. Critical thinking and problem-solving.
4. Long-term learning.

To help develop a robust study culture, ensure the following:

1. Establish a dedicated study space.

2. Set a consistent study schedule.
3. Encourage open communication.
4. Be an engaged facilitator.
5. Celebrate achievements and efforts.

August holiday lessons for exam classes

The School will be offering holiday lessons specifically designed to aid exam classes with exam strategies and techniques.

Further details regarding the holiday lessons, including the schedule, subjects covered, and registration process, will be available nearer the time.

Please take advantage of this opportunity and do not plan family holidays with the girls at this time.

April 2024 Online Holiday Lessons Schedule

Class/Group	Subject	Date	Time	Teacher
3A & 3B	Accounting	8-11 April	8 – 10am	Mrs Ntini
F3	Shona	8-19 April	10-11am	Mrs Muwori
4A	Travel	15-19 April	3-4pm	Mrs Palha
4A&B	RE	8-19 April	8-9am	Mrs Muwori
4Sc	Biology	2-4 April	10-11am	Ms Sithole
F4	Art	8-12,15-19 April	9am – 1pm	Ms Muzukira
L6	Travel	15-19 April	4-5pm	Mrs Palha
L6	Design & Technology	8-25 April (Monday to Thursday)	8am-1pm	D&T Teacher
L6	Geo	3- 19 April	8 – 9am	Mr Mandevere
L6 Sc (Bio students)	Maths	29 April – 4 May	10:30am – 12pm	Mrs N Gumbo
L6	IT	8,10,12,15,17,19 April	2-3pm	Mr Matsenyengwa
U6	Travel	15-19 April	8-9am	Mrs Palha
U6	Geo	8-19 April	9 – 10am	Ms Paundi
U6 Sc (Physics students)	Maths	3-10 April	7:30-9:30am	Mr B Gumbo
U6 Sc (Bio students)	Maths	29 April – 4 May	8-10am	Mrs N Gumbo
L6	Literature	9-20 April	8-9am	Mr Mashiri
U6	Literature	9-20 April	9-10am	Mr Mashiri
U6	French	8-19 April	9-11am	Mrs Nyabezi



Reminders from the Senior woman's desk

Discipline is of paramount importance in the development of our children. Therefore, I would like to express my sincere gratitude to all parents who have been very supportive and cooperating with the school by meeting appointments when called upon and enforcing strict rules behind the scenes which are in tandem with those of the school.

Uniform and appearance.

A reminder to all parents that winter is coming, and all students are expected to be strictly in their winter uniform which includes beige blouse and blazer plus brown slacks. This is non-negotiable. Learners should be neatly turned out in accordance with the expectations of the school. Kindly ensure correct colours by purchasing uniforms from prescribed suppliers.

Tracksuits are only worn for specific activities not as an alternative to the uniform. Hairstyles

All students are expected to adhere to the hairstyles that are detailed in existing school's hair policy. Parents are encouraged to ensure that the ladies are correctly turned out for school as prescribed by the policy.

Punctuality

Punctuality is not optional, and all learners are expected at school by 7.20am on Tuesday, Wednesday, and Friday. Monday and Thursday are assembly days so learners should be at school by 7.10am. Please note that the students are put on manual after **every 3 strikes** for coming late to school throughout the term.

Electronic devices

Please be wary of the learners sneaking gadgets into the school for their personal use. Cell phones are not allowed in the school and if found, will be confiscated. I pads for forms 1-4 may be brought in only by request from a teacher who supervises its use and safeguards it for the day.

May we all familiarise ourselves with the school rules and regulations in order to assist our students to do their due diligence.



Mr Kuda Mahanya:
Head of Careers

Term 1 of the academic year was marked by a series of engaging and informative events aimed at guiding students towards their future career paths. With a diverse range of activities, including university showcases, guest speakers, and industry presentations, students were provided with valuable insights into various career options and pathways.

One of the standout events of the term was the American Universities Showcase held at the Convent in February. Representatives from prestigious institutions such as the University of Delaware, Wichita State University, Southeast Missouri, University of Albany, and University of Houston Clear Lake graced the event. Their presence allowed students to gain first-hand information about the academic programs, campus life, and application procedures of these renowned American universities.

In addition to the university showcase, Global Education, an educational consultant, visited our school to deliver a session on university applications. This provided students with expert guidance on navigating the complex process of applying to universities, both locally and internationally. A highlight of the term was the inspiring talk delivered by one of our former students, Memory Bvungo, who shared her journey of applying to universities in the USA and securing scholarships. Memory's personal experience served as a source of motivation for current students embarking on similar journeys.

Furthermore, representatives from Varsity College and Vega visited the school to enlighten students about studying opportunities in South Africa. Their presentations offered students a glimpse into the diverse academic offerings and vibrant campus life available in South African universities. The term also saw the visit of ZIMSA (Zimbabwe Medical Students Association) to the U6 Science class. They provided important information about the Zimbabwean pathway to becoming a medical doctor, shedding light on the academic requirements and career prospects in the field of medicine. Lastly, Ernst and Young, a global professional services firm, visited the school to educate students about careers in accounting and other supporting roles. Their presentation offered students insights into the diverse career opportunities available within the field of accounting, as well as the skills and qualifications required to succeed in this profession.

In conclusion, the careers events held during Term 1 provided students with a wealth of information and opportunities to explore various career paths. From university showcases to guest speakers and industry presentations, students were equipped with the knowledge and insights necessary to make informed decisions about their future careers. Such events play a crucial role in empowering students and preparing them for the transition from school to the professional world.



TERM ONE sports SUMMARY

ATHLETICS

- 1st in District competitions (30 qualified for provincial championships and 6 for Nationals)

The following made it into the national team;

- Tadiwa Mupini for coming 1st in 100m
- Ruvarashe Vengesayi for coming 1st in triple jump

BASKETBALL

1. 1st at the HIS tournament
2. 1st at the Kriste Mambo Tournament
3. 2nd at the Emphandeni tournament
4. 2nd overall, won 3/6 games (one team forfeited) during the tour in Nigeria

The following ladies were selected into the Zimbabwe U18 team that is to travel to Lusaka, Zambia in April;

5. Natalie Tauzen
6. Charlene Bgwanya
7. Ruvimbo Sibanda
8. Makanaka Nabira
9. Natalie Tauzen

TABLE TENNIS

- 1st at the invitational tournament hosted by Convent
- Ruvarashe Charuma (15yrs) represented the school in the U21 Zim tournament and won a bronze medal

SWIMMING

5 of our team swimmers, after qualifying to represent Harare/Mashonaland, took part in the **5 Day Zimbabwe Senior National Swimming Competitions** held in Harare. The results were as follows;

- Imlah Nyamhunga, Makanaka Soko, Alexandra Manguda and Ruvarashe Mataba qualified to swim in the finals as part of the top 8 in all their events.
 1. Imhla won 2 Gold medals, 3 Silver medals and 2 Bronze medals
 2. Makanaka Soko won 1 Gold medals, 5 Silver medals and 1 Bronze medal.
- Imhla Nyamhunga is currently representing Zimbabwe in Capetown on a Swimming tour.

Imhla Nyamhunga, Makanaka Soko, Alexandra Manguna and Ruvarashe Mataba took part in the **Zimbabwe Open water Nationals Competitions** held in the Mazowe Dam.

- Imlah Nyamhunga won a gold medal for the 5km race

TERM ONE sports SUMMARY

CHESS

- 1st in all the 3 tournaments they played
- Dominican Convent hosted this year's Harare Provincial Trials and the following results were obtained;
 - Maruvaashe Moyo- Bronze
 - Crystal Chaitezvi- Silver
 - Genevieve Moyo- Silver
 - Ropafadzo Gwatidzo- Gold
 - Ropafadzo Chikwanda- Gold
 - Maita Mangwende- Bronze
 - Neema Magura- Gold
 - Rumbidzai Mawire- Gold

NB: The ladies who placed 1st and 2nd are representing Harare in the National Chess Championships in Bindura.

KARATE

- We received 3 Gold medals, 2 Silver medals and 9 bronze medals in the Karate Clash of the Titans tournament we hosted.
- 3 Gold medals, 3 Silver medals and 2 Bronze medals at Kutama Invitational.

HOCKEY

- 1ST at the St George's 5's Tournament. They got gold medals and a shield.

 HOLIDAY TRAINING SCHEDULE – 24 APRIL TO 3 MAY 2024								
SPORTING ACTIVITIES								
TIME	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	MONDAY	TUESDAY	WEDNESDAY (workers day)	THURSDAY
8AM-10AM	NETBALL (ZUMBA)	TENNIS (Aerobics)	NETBALL	TENNIS	NETBALL	TENNIS		TENNIS Netball(veritas)
8AM-10AM	VOLLEYBALL (AEROBICS) CHESS	SOCCER TABLE TENNIS (ZUMBA)	VOLLEYBALL CHESS	SOCCER TABLE TENNIS	VOLLEYBALL CHESS	SOCCER TABLE TENNIS		SOCCER TABLE TENNIS VOLLEYBALL CHESS
RECOVERY/TRANSITION								
11AM-1PM	DANCE KARATE (Aerobics)	HANDBALL GOLF (Aerobics)	DANCE KARATE	HANDBALL GOLF	DANCE KARATE	HANDBALL GOLF		HOCKEY GOLF DANCE KARATE
1PM-2PM	RECOVERY/ TRANSITION							
2PM-4PM	BASKETBALL (AEROBICS)	HOCKEY (ZUMBA)	BASKETBALL	HOCKEY	BASKETBALL	HOCKEY		HANDBALL BASKETBALL
2PM-4PM	RHYTHMIC GYM (Aerobics)	SQUASH (ZUMBA)	RHYTHMIC GYM	SQUASH	RHYTHMIC GYM	SQUASH		RHYTHMIC GYM SQUASH
	FRIDAY 4 APRIL-6 APRIL WE ARE HOSTING A BASKETBALL PRE-SEASON TOURNAMENT							
All first practice sessions will be taken by Aerobics and Zumba. All coaches to liaise with these two coaches.								

TERM ONE Cultural Activities SUMMARY

ACTIVITY	SUMMARY
SCIENCE CLUB	<p>Kimberly Marimo made the final 160 of the Zimbabwe Science Fair. Her project, 'Making biofuel using waste maize cobs pretreated with white rot fungus' won a Gold medal and a certificate in the Biochemistry category. She will be attending the ISEF in the United States in May 2024.</p> <p>Anesu Chiwona's project - Maize stalks as a source of energy came first in the Junior category and won prize money of \$200 at the Chisipite Science fair.</p>
MUSIC	<p>Eisteddfods Results Summary</p> <p>Registered- 50 entries. Results- 15 honours grades, 12 1st plus, 7 1st grade, 5 2nd plus, 5 2nd grades, and 1 3rd grade.</p> <p>Ubunkosi Acappella group and the Vocal Duet, Vianca Matimba, and Kaia Chindeka received a trophy for the best Acapella group.</p>
DEBATE	<p>Versus Watershed DC won all five matches played across Junior and Senior Categories.</p> <p>Davisha Chapfika took part in the Western Worlds Debating Championship. There was a total of 80 teams worldwide and 319 speakers, with 4 of these teams representing Zimbabwe. Davisha's team was the only African team to reach the semi - finals where they lost to Taiwan.</p> <p>Against: Chisipite Senior School Juniors Form 1-2 Dominican Convent All Form 1s (Lost)</p> <p>Intermediates Form 3-4 Dominican Convent (Won) Best Speaker: Ruvarashe Kanjanda (3rd speaker)</p> <p>Seniors Form 5-6 Dominican Convent (Lost) Best speaker: Lomaswati Ncube (1st speaker)</p>
ENGLISH PUBLIC SPEAKING	<p>Davisha Chapfika emerged African Champion</p> <ul style="list-style-type: none"> - winning the Gold Medal for Impromptu speaking, - Silver Medal for interpretive reading, and - Bronze Medal for persuasive speaking.
BRIDGE	<p>Convent 135- 30 Prince Edward Convent 73- 48 St John's College Convent 109 - 46 Peterhouse Girls</p> <p><i>Online Match</i> High School of Glasgow 61</p>

<p>BRIDGE</p>	<p>Convent 135- 30 Prince Edward Convent 73- 48 St John's College Convent 109 - 46 Peterhouse Girls</p> <p><i>Online Match</i> High School of Glasgow 61 Convent 52 St John's College 48</p> <p>Results At Mashonaland Pairs Qualifying Round Rosemary Omiti ,Tafara Magaya , Mufaro Matina and Makatendeka Mushambi , qualified into the top Room the A room Tinotenda Tshumele , Nicole Bare , Tawana Shoko and Mandipa Muzuva, qualified into the B room</p> <p>Results A room Results Mufaro Matina and Makatendeka Mushambi came 3rd with 60%. Rosemary Omiti and Tafara Magaya come 6th with 55%</p> <p>B room Results Mandipaishe and Tawana Shoko came 2nd with 62.5% Nicole Bare and Tinotenda Tshumele came 3rd with 61,9%</p> <p>C room Results Mandipa Chikwati and Susanna Payne came 2nd with 60%</p>
<p>QUIZ</p>	<p>Prince Edward Quiz Juniors - 11th Seniors - 6th</p> <p>National Schools Quiz Competition. Both teams made it into the second round of 8 teams. Competition to be continued.</p> <p>Convent Quiz will be participating in the World Series 2024 in Gaborone later in the year.</p> <p>Peterhouse Quiz Juniors - 17th Seniors - 1st Overall - 9th/21</p>
<p>MEDIA</p>	<p>Student excursions - ZiFM Stereo - 3kTV</p>
<p>HUMAN RIGHTS</p>	<p>The Human Rights Club hosted a successful symposium with over 200 participants.</p> <p>Human Rights Art Exhibition -. Faith Dondo won Gold. Maitanyasha Thadi</p>

Cultural Activities

LEO	Hosted the LEO Regional Conference of 2024.
DOMINICAN YOUTH MOVEMENT	Hosted the torch bearers conference facilitated by Sr Margaret Mayce from the USA. Sr Margaret is the International Coordinator for Dominican Sisters International, DSI.
MODEL UNITED NATIONS	Annual Zimbabwe MUN conference at Harare International School - Honourable Mention Davisha Chapfika-Most Honourable Delegate, Ruvarashe Mututu- Best Delegate- Security Council and Ruvarashe Madziro -Most Promising Delegate. CBC MUN- Best Delegate in UNDP Ruvarashe Mututu Outstanding Delegate in ECOSOC Shona Chiyangwa Outstanding Delegate in HRC Kayla Dzoro
LIFELINE	The Lifeline Society had two meetings with students from other schools. The society held a fundraiser in the school and made a donation to Island Hospice cancer patients.
INTERACT	Interact Club held a Celebration of Women's day to raise funds for the club's charitable



From the Health desk:

Important Health Protocols for the School Break

- Stay active and engage in outdoor activities for your physical and mental well-being.
- Eat a balanced diet rich in fruits, vegetables, whole grains, and lean proteins.)
- Limit the intake of sugary snacks, sodas, and processed foods, as they can negatively impact your energy levels and overall health.
- Stay hydrated. Avoid sugary drinks and opt for water as your primary source of hydration
- Get sufficient sleep by aiming for 7-9 hours of quality sleep each night.

Remember, your efforts and progress in the school sports programmes are valuable. By following these health protocols, you can ensure that your holiday break supports your overall fitness and well-being.

Enjoy the break, stay safe, and I look forward to seeing you back in action when school resumes!

Nurse Chitsike

Cultural Activities



Human Rights

Dominican Convent Harare's
Human Rights Symposium 2024:
22 March 2024

Six schools participated in the human rights symposium, which brought together 200 learners from diverse backgrounds. The event was complemented by Childline, Amnesty International, ZIVAI, a Lawyer, and a representative from Plan International. The symposium concluded with an art competition, which was won by Faith Dondo, who received the Gold Medal, Donna Nel, Silver Medal while Maitanyasha Thadi received the Bronze Medal.



The Dominican Convent Primary School learners were given the opportunity to tour the high school. They had a productive day interacting with senior students, teachers, and staff in a supportive environment.



Dominican Convent High School Harare

Colours Dinner

Venue: Meikles Hotel
Date : 31 January 2024
Time: 1730 hrs for 1800 hrs



Somethin's going right.....

Congratulations!

Kimberly Marimo, L6 Business, has been selected as a finalist in this year's Regeneron ISEF 2024 competition for her project on, "making biofuel from waste maize cobs that have been pretreated with a white rot fungus." The competition will take place on May 11-17, 2024, at the Los Angeles Convention Center in Los Angeles, California, USA.

Congratulations to Kimberly on this achievement!

Sports



INTERHOUSE SWIMMING

27 March 2024
11:00am

102 PTS	114 PTS	99 PTS	107 PTS
ALBERT	DOMINIC	PATRICK	THOMAS
3	1	4	2



Hockey Five's Champions



Congratulations to our Stanbic Bank Saint George's Hockey Fives 2024 title winners. We finished top out of 16 . We were awarded medals and shield to celebrate our achievement.

Our goal keeper, Mazvita Zhangazha must be commended for a sterling effort.

Top Goal scorers

- Chloe Sox **16**
- Mukudzei Musakwa **18**
- Ruvarashe Madziro **1**
- Chiedza Masirembu **1**
- Tiana Mafukidze **1**

Congratulations

Volleyball

**ATS NATIONAL SELECT
TEAM COACH 2023 -
Leadme Muhlohla**

**The following players have been selected for
the ATS National team**

<p>U16</p> <ol style="list-style-type: none"> 1. Tendai Chamunorwa 2. Tatenda Pagiwa 3. Tadiwa Mupini 4. Ettie Tawonezvi 5. Mandipa Chikwati 6. Asia Tarwirei 	<p>U20</p> <ol style="list-style-type: none"> 1. Tanya Zunzanyika 2. Micheala Muza 3. Mukudzei Musakwa 4. Shona Chiyangwa
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Congratulations

Volleyball

ATS Tournament @ Lomagundi College

<p>U16</p> <ol style="list-style-type: none"> 1. DC 2 - 0 Rydinigs 2. DC 2 - 1 Arundel <p>1/4 finals</p> <p>DC 2 - 0 Lomagundi</p> <p>Semi final</p> <p>DC 1 - 2 Eaglesvale</p> <p>3rd play offs</p> <p>DC 2 - 1 Arundel</p> <p>DC U16 won Bronze</p>	<p>U20</p> <ol style="list-style-type: none"> 1. DC 2 - 0 Peterhouse 2. DC 2 - 1 St John's 3. DC 0 - 2 Arundel <p>1/4 finals</p> <p>DC 0 - 2 Arundel</p>
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8 out of 19 schools!!

End of Term Mass



Prefects Investiture



Candle lighting ceremony



Candle lighting ceremony



L6 & Form 3's @ Far and Wide and Troutbeck



'BElieve. BElong. BEcome'

Believe. Belong. Become

Our L6th form students are about to embark on a life-changing journey of self-improvement. Today, they have left the physical environment of the school for a week-long leadership camp in the Eastern Highlands. The camp mantra, **'BElieve. BElong. BEcome'** will prepare them to believe in the Convent vision, belong to the Convent family and become the best version of themselves always. We could not be more proud of them, and we wish them all the best as they work towards becoming tomorrow's servant leaders.

Prefects Camp



Geography Coursework Trip





Cross Country

9 February 2024

Lomagundi College Inter-schools
Cross Country Meeting

Dominican Convent 6 out of 13 schools

PETER HOUSE	378	10						
HYDRIMIS	570	17	576	11	332	9	1406	11
HYDRIMIS		11	176	53	214	8	804	7

Athletics *Results*

NASH Districts Competition

Medals Haul

32 - Gold
2 - Silver
4 - Bronze





34 Dominican Convent **43** Topfield Secondary School

We played a hard game, but unfortunately, we lost 34-43. The game was attended by some government officials and veterans of the Nigerian basketball team. The Lagos Community Chairman presented awards to our top players, Tawana Tamanikwa Makanaka Nabira and Ruvimbo Sibanda. Makanaka Nabira was also awarded a prize for being the best player on the team.



Capping off a sterling performance, Makanaka Nabira received some prize money for being the best player of the team.



35 Dominican Convent **21** TABA First Bank U20 Club

The ladies put on a show today, our youngest player, Lesedi Patongamoyo, scored a 3-pointer. Tawana Tamanikwa was named man of the match. Congratulations ladies on your victory against TABA First Bank U20!



International Departures 01